

The Eucharist for Lent



The Parishes of
St Paul's Clifton and Cotham

Those parts of the service that change from week to week (readings and hymns) can be found in a supplementary sheet – please turn to this sheet where indicated with this symbol: ¶

*We say or sing the words in **bold type***

The Gathering

A church warden welcomes all who have gathered and invites us to some moments of shared quiet preparation.

We stand

Hymn: 379 - Lead us heavenly Father

The Greeting

In the name of God, Father, Son and Holy Spirit. **Amen.**

The Lord be with you.
And also with you.

Words of introduction and invitation

Prayers of Penitence

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us turn again to the Lord,
who is full of compassion and mercy,
as we acknowledge our sin in penitence and faith

pause for silent reflection

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.**

We sing these (or similar words)

Kyrie eleison, Kyrie eleison	Lord, have mercy
Christi eleison, Christi eleison	Christ, have mercy
Kyrie eleison, Kyrie eleison	Lord, have mercy

Absolution

A minister proclaims the good news of God's mercy and forgiveness

May the God of love and mercy
bring you back to himself,
forgive you your sins,
and embrace you in his eternal love
in Jesus Christ our Lord.
Amen.

The Collect

a prayer set for the day is said

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

The Liturgy of the Word

We sit

Old Testament Reading: Genesis 2.15-17; 3.1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she

also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

For the word of the Lord.

Thanks be to God.

New Testament Reading: Romans 5, 12-19,

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

For the word of the Lord.

Thanks be to God.

We stand as we sing:

Hymn: 123 - Come my way, my truth, my life

The Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Matthew
Glory to you, O Lord.

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God." '

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test." '

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him." '

Then the devil left him, and suddenly angels came and waited on him

This is the Gospel of the Lord
Praise be to you, O Christ.

We sit

Reflection

One of the ministers shares thoughts and reflections on the readings and themes of the day; an encouragement to connect faith with our lives

We stand

Profession of Faith

Let us affirm our common faith in Jesus Christ.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

We sit

The Intercessions

The prayers may end:
Merciful Father
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.**

The Liturgy of the Sacrament

We stand

The Peace

Christ is our peace,
he has reconciled us to God
in his body on the cross.
we meet in his name and we share his peace.

The peace of the Lord be always with you.
and also with you.

We offer a gesture of peace to those around us

Hymn: 190 - Forty days and forty nights

Preparation of the table

As we come to the Table, bread and wine are taken and blest, and the bread is broken as we share the meal that re-members Jesus, the food that 'tastes of freedom'.

God of mercy and compassion,
your Word calls us home to faith and love.
accept all we offer you this day;
in the name of Jesus Christ the Lord.
Amen.

The Eucharistic Prayer

The Lord is here
God's Spirit is with us

Lift up your hearts
We lift them to the Lord

Let us give thanks to the Lord our God
It is right to give thanks and praise

Other words may be used for The Preface of the Eucharistic Prayer

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing

We sing:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

How wonderful the work of your hands, O Lord.
As a mother tenderly gathers her children,
you embraced a people as your own.
When they turned away and rebelled
your love remained steadfast.
From them you raised up Jesus our Saviour, born of Mary,
to be the living bread,
in whom all our hungers are satisfied.

He offered his life for sinners,
and with a love stronger than death
he opened wide his arms on the cross.
On the night before he died,
he came to supper with his friends
and, taking bread, he gave you thanks.
He broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

At the end of supper, taking the cup of wine,
he gave you thanks, and said:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith

Christ has died

Christ is risen

Christ will come again.

Father, we plead with confidence
his sacrifice made once for all upon the cross;
we remember his dying and rising in glory,
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you
these gifts of your creation;
may they be for us the body and blood of your dear Son.
As we eat and drink these holy things in your presence,
form us in the likeness of Christ,
and build us into a living temple to your glory.

Bring us at the last with [N and] all the saints
to the vision of that eternal splendour
for which you have created us;
Through Christ, with Christ, in Christ,
in the unity of the Holy Spirit,
all glory and honour are yours, almighty Father,
for ever and ever. **Amen.**

We sit

The Lord's Prayer

Lord Jesus, remember us in your kingdom, and teach us to pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever. Amen.**

Breaking Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

We sing:

**Lamb of God, you take away the sin of the world,
have mercy on us.
Lamb of God, you take away the sin of the world,
have mercy on us.
Lamb of God, you take away the sin of the world,
grant us peace.**

Invitation to communion

Behold the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you
but only say the word, and I shall be healed.**

Communion

*We keep an **Open Table** - **all** are invited and **all** are welcome to receive the bread that has been taken, blest and broken. If you would prefer to receive a blessing then please bring this service sheet with you to indicate this.*

Please ask if you need to receive gluten free bread.

Communion Hymn: 929 – In the Lord I'll be ever thankful

Prayer after Communion

Lord God, you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope, and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word that proceeds from out of your
mouth; through Jesus Christ our Lord. Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off,
you met us in your Son and brought us home.
Dying and living he declared your love,
gave us grace, and opened the gate of glory.**

**May we who share Christ's body
live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights
give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

Banns of Marriage, news and notices may be shared

We stand

Blessing and Dismissal

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn: I rejoiced

I rejoiced when I heard them say:
“Let us go to the house of God”
And now our feet are standing in your gates,
O Jerusalem!

Refrain

*Shalom, shalom, the peace of God be here.
Shalom, shalom, God’s justice be ever near.*

Like a temple of unity is the city, Jerusalem.
It is here all tribes will gather,
All the tribes of the house of God.

It is faithful to Israel’s law
There to praise- the name of God.
All the judgement seats of David were set down in Jerusalem.

For the peace of all nations, pray:
For God’s peace- within your homes.
May God’s lasting peace surround us ;
May it dwell in Jerusalem.

For the love of my friends and kin
I will bless you with signs of peace.
For the love of God’s own people
I will labour and pray for you.